

## Discovering Water Mixable Oils

Instructor: Lauren Adams

### Lauren's Supply List:

#### **Water Mixable Oil Supplies:**

There are many brands to choose from. I like Holbein Duo Aqua, Winsor Newton Artisan, Lukas Berlin, and Grumbacher Max. You can find sets at Dick Blick, Jerry's Artarama and other art supply stores. <https://www.liveabout.com/best-water-mixable-oil-paints-4686958>

#### **Suggested oil colors:**

Cadmium Yellow Light or Lemon Yellow, Cadmium Yellow Medium, Cadmium Red Medium, Alizarin Crimson, Ultramarine Blue, Phthalo Blue, Titanium White and Burnt Umber

Variety of 6 and 10-color sets from \$15-\$60:

<https://www.dickblick.com/products/winsor-newton-artisan-water-mixable-oil-paints/>

6-color set for \$21.95

<https://www.dickblick.com/products/royal-talens-cobra-study-water-mixable-oil-colors/>

#### **Painting Medium (optional):**

We will not be using any solvent-based thinners in this workshop to accommodate those who are sensitive. You may use water in place of solvent thinner, and modified linseed oil, or the quick dry medium specific to water mixable oils

1-Water

2-quick dry medium

3- modified linseed oil or stand oil

Mediums for water mixable oils:

<https://www.dickblick.com/search/?q=water%20mixiabile%20oil%20mediums>

#### **Palette cups for medium:**

<https://www.dickblick.com/items/palette-cup-small-double/>

-or 2 small glass jars with lids for storing used medium.

#### **Brushes:**

You can use Bristle brushes or synthetic brushes with water mixable oils. I do keep my oil brushes separate from other brushes. Have several in a variety of sizes and shapes You can find inexpensive bristle brush sets here:

<https://www.dickblick.com/products/blick-academic-bristle-brushes/>

**A metal palette/painting knife:**

<https://www.dickblick.com/products/blick-palette-knives-by-rgm/>

**Disposable or traditional paint palette:** (don't use plastic)

<https://www.dickblick.com/products/new-wave-grey-pad-disposable-palettes/>

**Surfaces:** Stretched canvas, canvas panels, heavy gessoed paper (140 lb or higher), etc. no smaller than 11" x 14"

**Rags or paper towels**

I buy my supplies from Dick Blick/Utrecht online, Jerry's Artarama online or locally at the K. A. Artist Shop in Athens.

**IMPORTANT:** We will **NOT** be using any solvent-based thinners in this workshop to accommodate those who are sensitive (including instructor). You may use water in place of solvent thinner, and modified linseed oil, or the quick dry medium specific to water mixable oils.